CIRCUIT LEARNING
ENSURE OPTIMAL LEARNING

Another study skill discussed in the academic strategies section of SuperCamp is Circuit Learning, a strategy developed by John Parks Le Tellier. Based on the premise of electricity’s systematic travel within a circuit, this brain-friendly method of studying is a valuable asset for encoding information into long-term memory and ensures optimal learning.

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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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| **First**  
Use Notes:TM during class for new learning. | **First**  
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Use Notes:TM during class for new learning. |
| **Next**  
At home or during free period, begin your Mind Map (MM) of this topic. | **Next**  
Review Monday’s notes and then review today’s new learning. Add to your MM. | **Next**  
Review Monday’s and Tuesday’s notes. Review today’s new learning. Add to your MM. | **Next**  
Continue reviewing notes and add to your MM. |

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<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
<th>Monday</th>
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| **First**  
Use Notes:TM during class for new learning. | Review your MM from Monday to Friday to jog your memory. | **Dress Rehearsal**  
- Simulate test  
- Recreate MM from memory  
- Check your knowledge! | Take a look at your MM one more time. |
| **Continue your circuit!**  
You are learning and remembering easily! | | | **Test Day**  
You are ready, refreshed, and confident. |

Hot Tip: The playing of Mozart coordinates breathing, cardiovascular rhythms, and brainwave rhythm ... it acts on the unconscious, stimulating receptivity and perception.

from Quantum Teaching: Orchestrating Student Success – Bobbi DePorter, Mark Reardon, and Sarah Singer-Nourie