communicator survey

Please fill in your responses to the following statements. The response you put down should best reflect how you communicate most of the time.

**Message Sender**
The best way to describe my communication style is _____________________________________________.

In a conversation I like to be the person who is _________________________________________________.

I can’t stand it when I’m talking and the person I’m talking with _____________________________________.

If someone I’m talking with doesn’t understand what I’m saying I usually _____________________________ _________________ to get my point across.

**Message Receiver**
I really listen closely when the person I’m talking with is someone who _____________________________.

A great listener is someone who ______________________________________________________________.

When someone is speaking to me I pay attention by ______________________________________________ or _________________________________.

When someone is talking I listen for ___________________________________________________________.

**Feedback**
I shut down during communication when _________________________________________________________.

I let the person I’m listening to know that I’m with them by _________________________________________.

If I’m confused by something the person I’m talking with says, I usually _____________________________.

When someone I’m talking with gets angry, my response is usually to _______________________________.

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Noise
While someone else is talking my mind is usually _________________________________.

When someone is talking I get distracted by _________________________________.

I can concentrate when listening for a _______________________________ period of time.

I completely check out while someone is talking if they are ________________________ or I am feeling _________________________.

Overall
Please rate yourself on the following and provide an explanation for why you selected your rating.

My communication with my teachers is:                  great               good               okay               poor
   Why:

My communication with my parents is:                    great               good               okay               poor
   Why:

My communication with my siblings is:                    great               good               okay               poor
   Why:

My communication with my friends is:                     great               good               okay               poor
   Why:

My overall communication is:                                      great               good               okay               poor
   Why: