The key to success is really quite simple—develop effective habits!

**GET READY**
Get your space ready.
Get your stuff ready.
Be clear: What by when?

**GET SET**
Get in State.
Focus: Q-Up! SLANT
Prime your mind
ABC = positive attitude, beliefs, curiosity

**GO!**
Keep your focus on the topic.
Use your strategies:
- Breaks
- Music
- Reviews: 10-24-7-10 and Circuit Learning
- Content posters
Ready—Set—Go!

Get Ready

- Prepare
- Cluster/Mind Map
- Fastwrite

Get Set

- Diverge
- Converge
- Emerge
- 1–Prepare
- 2–State/Focus | 3–Superscan
- 4–Read | 5–Review
- Focus
- Associate | Picture
- Practice & Review
- Pull up & Picture
- Breathe & Release
- Go!
- Q-Up!
- Ask questions | Nod your head
- Talk to your teacher
- SLANT
- Sit up | Lean forward
- Creative Thinking
- Understand the problem
- Generate ideas
- Plan for action
- Goals
- Design it | Outline it
- In your way (remove barriers)
- Take action