A Student’s Story – Finding Encouragement in a “This Is It!” Attitude

By Wesley Canny

Throughout this past year I have utilized the Key of This Is It a lot! I have used it in school and in my extra-curricular activities. It has helped me meet and attack new challenges with success. When I attended boarding school this past year I found that I was unable to rely on my parents’ positive encouragement as much as I had in the past. I needed to find positive feelings within myself when I was faced with challenging situations. I was able to make the year a positive and rewarding one by using This Is It!

Initially, I attacked school head-on, but eventually I began to slip back into my old habits. I received a wake-up call when my math teacher questioned my effort. I decided I would challenge myself and put more effort into my homework and schoolwork using the techniques I had learned at SuperCamp. I remembered the way I learned best and also the reading techniques, but most of all I decided to make school “It!” It didn’t happen right away and at times I did fall back into my old habits, but then I would remember the excitement we all felt at SuperCamp when we met a challenge head-on and conquered it, and I soon found myself back on the right track.

This Key has helped me realize that if I approach challenges, academic or otherwise, with a positive attitude, they don’t seem so overwhelming and can usually be worked out in a meaningful way. Each experience and challenge helps prepare me for the next one.