The ABCs of Quantum Reading

Want to be a quicker reader? Want to get more out of whatever you read? Want to be a better student? Want to love reading? Practice your ABCs!

No, we’re not talking about the alphabet. The ABCs of Quantum Reading—Attitude, Belief, Curiosity and Commitment—can help increase both your reading speed and comprehension by as much as 50%. Apart from what this will do for you personally, you will reap tremendous benefits when you apply these simple ABC steps. Not only will they cut down on your study time, but increasing your comprehension will boost your test scores!

These ABCs refer to Attitude, Beliefs, Curiosity and Commitment. Let’s take a closer look:

**Attitude** is about tossing out all any old, negative ideas you may have about reading in general and about your own reading habits and skills, and replacing them with positive, empowering thoughts.

**Beliefs** simply means you believe you can do it. You *can* be a super-fast reader, you *can* enjoy reading, you *can* comprehend more of what you read—with no backtracking!

**Curiosity** is vital for keeping your interest high while you’re reading. Get curious about your reading material. Think of questions you may have about what you’re about to read, and as you’re reading your mind will pick out the answers. Your curiosity will lead you on a fact-finding mission and you’ll feel rewarded and even more curious as you find answers to your questions.

**Commitment** is about giving one hundred percent to practicing your ABCs and improving your reading skills, and giving one hundred percent of your attention to whatever you’re reading, whether it’s for fun or for school.

Quantum Reading is a valuable skill and remembering these ABCs will bring more enjoyment to your leisure reading and better reading speed and comprehension to your reading for school—and, of course, improved grades and test scores!

In fact, the ABCs can be applied to more than reading—try using them any time you have a challenge to overcome. Whether it’s writing an essay or trying out for a part in the school play, the right attitude, beliefs, curiosity and commitment will lead you to success.