8 KEYS OF EXCELLENCE

Affirm Your COMMITMENT
Make your dreams happen by taking positive action and following your vision without wavering.

Anyone who has ever succeeded at something difficult did so by being completely committed to their goal. Commitment is the breathtaking moment of making a decision, jumping in, and going forward with gusto. It's the magic moment when all hesitation and ineffectiveness are left behind. The decisive act of making a commitment—when we decide to do "whatever it takes to reach a goal—sets in motion an energy field of action to propel you forward.

Where does your commitment lie! What excites you and spurs you to action? When was a time that you were highly committed—and what were the results?

Whatever it takes

To harness the power of commitment, think about what you love passionately enough to give it all you've got—then give it. Commitment can spring from anything that inspires strong feeling. It can be motivated by a deeply felt aspiration, a strongly held principle, or the desire to make a difference in people's lives.

Commitment comes down to a simple moment of decision: Will you or will you not do whatever it takes?

Once you've made the decision to follow your passion no matter what, your commitment carries you through. It's the "no matter what" part that holds all the power. You're locked into staying the course. You may feel discouraged, even hopeless. You may lose some confidence in yourself. It doesn't matter. None of it matters. You've vowed to go on trying no matter what. Circumstances become irrelevant in the face of commitment.

Whatever it is that inspires you, give yourself permission to lose yourself utterly in what you love and you'll have no choice but to commit. Simply let your passion take over and you will harness the titanic strength of commitment.

No turning back

Commitment is all about that moment when there's no turning back—the magic that results when you're truly committed. It's a mindset where there are no other options. There are no more debates, no mind-games, no procrastination. There is only action, single-minded,
focused, and pure. That commitment wields a mighty power and brings with it an intense joy.

One thing to remember here is that "I’ll try" doesn’t work! You may get up enough courage to go for it, but you haven’t really made a commitment if you tell yourself, "Well, I’ll try." You’re not committed to doing whatever it takes to succeed. In fact, you’ve given yourself an out. Now, when you fall short of the mark, you can say, “Well, I tried.” When you’re not committed, you leave a crack open for hesitation. Hesitation leaks energy. Energy leaks reduce your chance of success.

**Power and good fortune follow commitment**

To the uncommitted, the committed look strangely fortunate. Happy circumstances just seem to land in their laps. They seem to meet the people they need to know and find the opportunities they need. They see solutions where others only see obstacles. But the committed will tell you it’s not because they view things differently than the non-committed—it’s because they never stop looking for a way to make their dreams happen.

That’s the primary characteristic of committed people: They’re driven by their dreams because they’re passionate about them. They hold on to their intention to make them happen no matter what challenges they face—giving up is never an option. Their commitment creates a mass of energy that propels them forward.

I give my best effort to achieve my goals!