A brain-friendly way to take notes, mind mapping uses colors, symbols, and pictures to help students make mental associations that facilitate learning.

Follow these simple steps:

1. Begin with colored pens or pencils and a piece of paper (placed horizontal or landscape).
2. Put your main topic in the center of the page.
3. Draw thick branches from the center for your subtopics or key points.
4. Attach new branches to your subtopics as you come up with thoughts.
5. Use pictures and symbols to make it more memorable.

(Mind Mapping was created by Tony Buzan and is used with permission and enthusiasm)