Affinity means close relationship. This is an exercise that begins to build or enhance affinity. It is also a wonderful way to discover positive things about ourselves and others, helping us to grow in self-esteem and self-confidence.

The Affinity Activity
Ask each question once. Responses to the person answering the question should be acknowledged with “thank you.” Each person has the opportunity to ask the series of questions three times. From this experience, further discussion of personal interests and admiration can take place.

Step 1:
Tell me something I don’t know about you.

Step 2:
Tell me something you like about me.

Step 3:
Tell me something we may have in common.