8 Keys of Excellence – Explore and Reflect

As you continue to explore the 8 Keys of Excellence—and make them part of your life—you’ll realize their benefits every day. If you feel your character being challenged or find yourself in a tough situation, reflect on the 8 Keys. Ask yourself Can one of the Keys help me decide what’s best here? and then let the 8 Keys guide you. You’ll be amazed how often one of the Keys will perfectly fit a choice you’re facing.

Here’s a card that summarizes the 8 Keys of Excellence. Why not print it on card stock and keep it handy for those times you’re pondering choices. We’ve also included an 8 Keys Refresher Poster (end of newsletter) like this card so you can keep it someplace where you’ll see it often!

I live the 8 Keys of Excellence . . .

- I am sincere and real, I take responsibility for my actions, and I’m willing to do things differently.
- I learn from my mistakes, and I speak honestly and kindly to myself and others.
- I make the most of every moment, take positive action to make my dreams happen, and focus on what’s important in my life!