The Senior Forum Quantum Writing course centers around a straightforward process: Diverge, Converge, and Emerge. This process enables students to gain confidence about their writing ability. In this way, writing becomes a freeing experience rather than a chore.

1. **Diverge**
   - In step one, students learn how to overcome writer’s block with a combination of clustering and fastwriting.

2. **Converge**
   - Step two is about taking ideas generated in step one and putting them into a purposeful frame. Students also consider voice, organization, and clarity.

3. **Emerge**
   - In the final step, students learn to take a writing assignment and make it their own. They learn tools to write effectively in high-pressure timed writing situations like standardized exams.